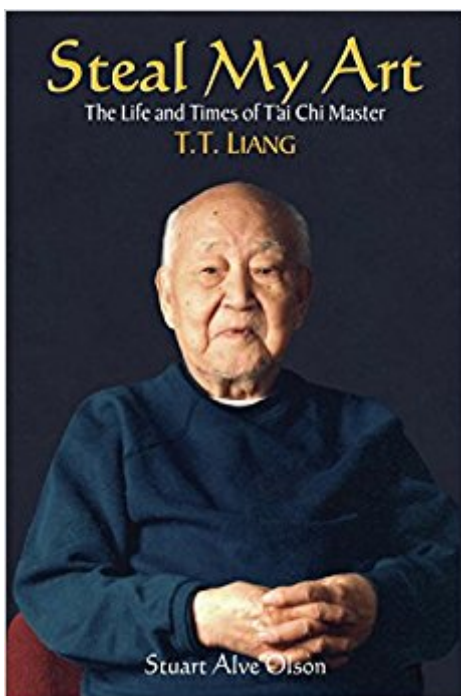


The book was found

Steal My Art: He Life And Times Of T'ai Chi Master T.T. Liang



Synopsis

Now 101 years old, Master T. T. Liang came to the U.S. from Taiwan in the 1960s to introduce t'ai chi to America. His life story is full of the stuff that makes a great martial arts adventure: a career as a high-ranking government official, street fights and shootouts, opium dens and prostitutes, mystical martial arts masters and monks— the story of a life lived to the absolute maximum. Twenty-five photographs add to the captivating life story of this great t'ai chi master.

Book Information

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Customer Reviews

Journal of Asian Martial Arts (Volume 12, #2, 2003) wrote: "It is said that you never forget your first lover. I don't know about that. But I will never forget my first taiji teacher in Taiwan. Liang T'ungstai (Liang Tongcai) was his name and T.T. Liang was the sobriquet he answered to...We visited Professor Zheng Manqing's (Cheng Man-c'ing) home on Sunday mornings in 1959-62, a class for Zheng's seniors at which Liang occasionally translated. He also was an enabler par excellence, introducing me to several great boxers and, as translator, accompanying me to practice with them...A good man, sometimes quiet and reserved, Liang had a ready wit and his English was impeccable. We spent many hours together and got on famously. In fact, I knew him, his history and personality, better than I knew my own father."

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Wish I had an opportunity to try and steal Master Liang's art ! To have meet up with him would have been an honor, yet after reading this book I feel like I knew him. GREAT book, for those who have an extended relationship with your instructor makes this book an even better read. So many nuggets I thought hidden in there. Made me appreciate Professor Cheng's teachings even more and all that Professor Cheng gave to us. And my personal relationship with my teacher. As far as people saying it stirred up controversy, Master Liang only made me appreciate his teacher Professor Cheng more by showing he was just as human as we are. And what ever differences they had is between a multi-facted relationship they had. Seems they were more then Sifu-student, master-disciple, Professor Cheng was his mentor, role model, master, teacher, father figure in some ways and yet also his friend and yet his brother as well, and differences let it be between these two men,... Master Liang has passed down a legacy to us in his teachings, stories here in this book and by allowing us to know his life story. If you want a TRUE master to be brutally and humorously honest with you,... read this book.. through this book written by his student Master Liang will inspire you and motivate you not only to improve your tai chi but who you really are. Worth every cent and some !!! Get it this book so worth the read!!! . Thank you Master Liang and Mr. Olson for a treasured book ! One of my all time favorite books now...

I really enjoyed this book. I always enjoy reading about the lives and philosophy of other martial artists and this book delivered! I even wrote a blog about parts of the book at <https://ryeracademy.wordpress.com/2015/03/20/dont-speak-ill-of-others/>

This book is not "how to do Tai Chi" -- but rather T.T. Liang's life as a Tai Chi master. T.T. Liang was a great practical joker who loved a good laugh. This book shows a well rounded man who loved Tai Chi and life. With that said, there are a lot of tips in there for Tai Chi practioners. Good read and one to keep on hand for anyone who does Tai Chi.

Great Book and very readable.....enjoyed it and couldn't put it down

TT Liang was a rascal! Chock-full of funny stories, insightful teachings, applicable tai chi principles. This book honors the life and times of T'ai Chi Master, TT Liang.

I knew nothing of T'ai Chi before reading this book. The first part of the book really took some thinking to fully understand part of the art of T'ai Chi through this book. In my opinion, the best part of the book was towards the end. There are some hilarious and inspiring anecdotes that are definitely worth reading!

This is the second time I've purchased this book, I gave my first copy away, really enjoyable, quick read...what I found interesting was that I was living in Little Falls MN (second time I purchased) and he was based out of St. Cloud MN during this period...

An interesting read

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